

POLE CATZ TWEED HEADS - TERM 4 TIMETABLE 20th MAY 2024- 30th JUNE 2024)

STUDIO 1

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9AM						POLE FITNESS CASUAL / PRACTICE 9:00am - 10:00am
10AM		AVAILABLE FOR PRIVATE LESSONS OR STUDIO HIRE 10:00am - 12:00pm		AVAILABLE FOR PRIVATE LESSONS OR STUDIO HIRE 10:00am - 12:00pm		AVAILABLE FOR: PRIVATE LESSONS STUDIO HIRE HEN'S PARTIES BIRTHDAY PARTIES AND MORE 12pm - 9pm
11AM						
12PM						
1PM						
5PM						
6PM	BURLESQUE DANCE COURSE 6:00pm - 7:00pm	ADVANCED TWERK COURSE 6:30pm - 7:30pm		BEGINNER 1 & 2 POLE COURSE 5:30pm - 6:30pm		
7PM	HEELS DANCE COURSE 7:00pm - 8:00pm		BEGINNER TWERK COURSE 7:30pm - 8:30pm	ADVANCED SEXY FLOW COURSE 6:30pm - 7:30pm		
8PM				PRE-ADVANCED POLE COURSE 7:30pm - 8:30pm		
9PM				LAPALICIOUS DANCE COURSE 8:30pm - 9:30pm		

POLE CATZ TWEED HEADS - TERM 4 TIMETABLE 20th MAY 2024- 30th JUNE 2024)

STUDIO 2

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9AM						BEGINNER 1 & 2 POLE COURSE 9:00am - 10:00am
10AM		AVAILABLE FOR PRIVATE LESSONS OR STUDIO HIRE 10:00am - 12:00pm		AVAILABLE FOR PRIVATE LESSONS OR STUDIO HIRE 10:00am - 12:00pm		AVAILABLE FOR: PRIVATE LESSONS STUDIO HIRE HEN'S PARTIES BIRTHDAY PARTIES AND MORE 12pm - 9pm
11AM						
12PM						
1PM						
5PM						
6PM	PRE-INTER POLE COURSE 6:00pm - 7:00pm	BEGINNER 1 POLE COURSE 6:30pm - 7:30pm		POLE FITNESS CASUAL / PRACTICE 5:30pm - 6:30pm		
7PM			GET FLOORED COURSE 7:30pm - 8:30pm	INTERMEDIATE 1 POLE COURSE 6:30pm - 7:30pm		
8PM				BEGINNER SEXY FLOW COURSE 7:30pm - 8:30pm		
9PM						

Pole Catz Tweed Heads operates on NSW time. Classes run subject to bookings and minimum numbers.
Management reserves the right to alter or change classes at any time.
Bookings are essential for all classes and must be made the MINDBODY.